

DocuSol® Kids



Product Usage

Active Ingredient:

DocuSol® Kids Docusate Sodium USP 100m g..... Stool Softener Laxative
 Inactive Ingredients: Glycerine USP and Polyethylene Glycol.

Product Name	NDC	Package Size
DocuSol® Kids	17433-9884-05	DocuSol® Kids mini-enemas are available in boxes of five single use 5mL tubes.

How DocuSol® Kids Works:

DocuSol® Kids, First-of-its kind formulation was designed for easy use at home. The non-irritating DocuSol® Kids formulation functions as a stool softening, hyper-osmotic laxative by drawing water into the bowel from surrounding body tissues, replicating a normal bowel stimulus. This unique formulation provides fast relief of constipation.

Product information:	<p>DocuSol® Kids mini-enema is designed for the relief of <u>occasional</u> constipation (irregularity). For children 2-12 years of age.</p> <p>Parents and Clinicians can count on DocuSol® Kids to provide:</p> <ul style="list-style-type: none"> • Fast, predictable results typically in 2-15 minutes.¹ • Non-irritating formula. • Easy rectal usage, soft flexible tip. • Affordably priced for constipation relief. • Ease of use for both clinicians and parents. • Rectal therapy for those children unwilling to swallow medications.
Dosage:	<p>Children 2 years to under 12 years of age (with adult supervision); one unit daily. Children under 2 years of age, consult a physician prior to use. See precautions.</p>
Ordering Info:	<p>DocuSol® Kids can be found at approved pharmacies and retail stores across the country. If your pharmacy does not stock DocuSol® Kids, your pharmacist can place an order with McKesson, Cardinal, Amerisource Bergen, and other regional wholesalers.</p>

Positioning:

- For best results: lay on left side with knees bent.

Alternate position:

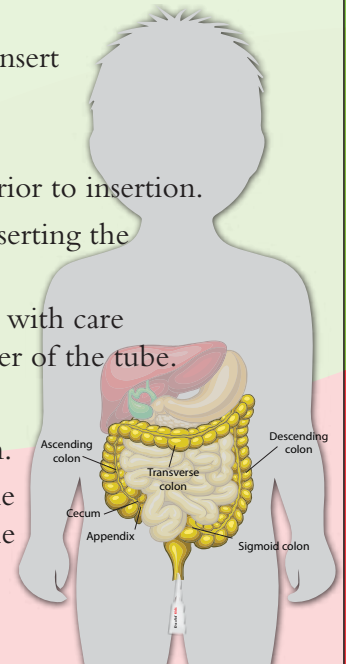
- Administer while seated on the toilet.
- Kneel, then lower head and chest forward until side of face is resting on the surface.

Administration:

DocuSol® Kids is to be used as an enema. This is not a suppository. Do not take orally.

Administering the mini-enema:

1. Clear stool from the rectal opening, as you do not want to insert directly into feces.
2. Twist off and remove tip.
3. Place a few drops of the tube's liquid content on the shaft prior to insertion.
4. Also, apply liquid content or lubricant to the anus before inserting the mini-enema tube.
5. With steady pressure, gently insert the tube into the rectum with care to prevent damage to the rectal wall. Insert up to the shoulder of the tube.
6. Squeeze to empty the contents.
7. Keep the tube squeezed until it is removed from the rectum.
8. After the contents have been emptied, remove the disposable tube and discard. A small amount of liquid may remain in the unit after use.
9. Fast, predictable results typically in 2-15 minutes.¹

**Warnings:**

- For rectal use only. Drug Interaction Precaution: Do not take this product if you are taking mineral oil, unless directed by a doctor.

Do Not Use:

- Laxative products when abdominal pain, nausea or vomiting are present.
- Laxative products for a period longer than 1 week unless directed by a doctor.

Stop use and ask a doctor if you have:

- Rectal Bleeding.
- Noticed a sudden change in bowel habits that persists over a period of 2 weeks.
- Failed to have a bowel movement after use. This may indicate a serious condition.

Pregnant or Lactating Women ask a health professional before use.

Keep out of reach of children. In case of accidental ingestion, get medical help or contact a Poison Control Center Immediately.

When making a change to your bowel care program, medical professionals recommend changing one item at a time and maintaining that change for a two week period. The following chart is to help you evaluate the change and to help identify the most appropriate bowel care regimen. Bring this chart with you when meeting with your doctor.

Sample Bowel Chart:

Date	Start Time	Position	Digital Stimulation	Assistive Techniques	Time of Result	Stool Amount	Stool Color & Consistency	Comments

In addition to your bowel care chart, write down what you eat and drink to determine how your diet effects your bowel movement. For 30 days, record food DESCRIPTION AND QUANTITY FOR EACH MEAL.

Sample Diet Chart:

DAY 1	Starch	Vegetables	Fruits	Dairy	Meats	Fats
Breakfast						
Lunch						
Dinner						
Snacks						

DAY 2	Starch	Vegetables	Fruits	Dairy	Meats	Fats
Breakfast						
Lunch						
Dinner						
Snacks						

DAY 3	Starch	Vegetables	Fruits	Dairy	Meats	Fats
Breakfast						
Lunch						
Dinner						
Snacks						

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